SEC For	m 4 FORM	A 1		STA	TES	SF	CUR	т	ES AND	FXC	НΔ	NGE C	ОММ	ISSION				
		4 \		, 02			ington, D.C. 2		OMB APPROVAL									
Section obligati	this box if no lo 16. Form 4 or ions may contil tion 1(b).		d purs	DURY OF CHANGES IN BENEFICIAL OWNERSHIP pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940											OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			
1. Name and Address of Reporting Person [*] Fitzsimmons Tracy					SE TE	<u>HEN.</u> ELEC	AND	OA	cker or Tradin <u>H</u> NICATIC	• •		(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title below) below)			vner		
(Last) PO BOX	Last) (First) (Middle) PO BOX 459				3. E	SHEN 3. Date of Earliest Transaction (Month/Day/Year) 02/13/2024											below)	
(Street) EDINBURG VA 22824 (City) (State) (Zip)				4. lf									 Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person 					
				-Deriv		Check satisfy	this box the affir	to inc mativ	dicate that a tra e defense cond	nsaction litions of	was r Rule 1	nade pursua 10b5-1(c). Se	ee Instructi	on 10.		plan th	nat is intended	d to
1. Title of Security (Instr. 3) (Month/Date)					action	ction 2A. De Execut		ed 1 Date	3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)		ed (A) or	5. Amou Securitie Benefici Owned F	nt of es ally Following	Form (D) or	m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code V	Am	ount	(A) or (D)	Price	Reported Transact (Instr. 3	tion(s)			Instr. 4)
		Т							quired, Dis s, options					/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	Code (Ins				6. Date Exercisable an Expiration Date (Month/Day/Year)		Ind	7. Title and Amount of Securities Underlying Derivative (Instr. 3 an	f 9 Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Expira Date	tion	Title	Amount or Number of Shares					
Common Stock	(1)	02/13/2024		Τ	Α		6,298		02/13/2025	02/13/2	2025	Common Stock	6,298	\$ 0	13,191	ιT	D	

Explanation of Responses:

1. Each restricted stock unit represents a contingent right to receive one share of common stock.

/s/ Christopher E French	
Attorney in Fact for Tracy	
Fitzsimmons	

** Signature of Reporting Person Date

02/14/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.