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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OWR APP	ROVAL
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* Truban William A Jr					er Name and Ticker NANDOAH	r or Trading S	ymbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
,					ECOMMUNI	CATION	<u>s co/va/</u> [Director Officer (give title		Owner (specify	
(Last)	(First)	(Middle)		SHEN					below)	below		
PO BOX 459				3. Date 05/22/	of Earliest Transac 2007	tion (Month/D	ay/Year)					
(Street)				4. If Am	endment, Date of (Original Filed	(Month/Day/Year)	6. Indiv Line)	vidual or Joint/Group	o Filing (Check A	Applicable	
EDINBURG	VA	22824						X	Form filed by One	e Reporting Per	son	
(City)	(State)	(Zip)							Form filed by Mo Person	re than One Rep	porting	
		Table I - Nor	n-Deriva	tive Se	ecurities Acqu	ired, Disp	osed of, or Benefi	cially	Owned			
1. Title of Security	/ (Instr. 3)		2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

		(Monun/Day/Year)	8)					Reported		(potr 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	05/22/2007		Р		635	Α	\$ <mark>50</mark>	1,635	D	
Common Stock	05/23/2007		Р		365	Α	\$ <mark>50</mark>	2,000	D	
Common Stock								1,508		Family LLC

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		7. Title Amour Securi Underl Deriva Securi and 4)	nt of ties ying tive ty (Instr. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

<u>/s/ William A Truban Jr</u>

** Signature of Reporting Person

05/23/2007

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.