FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

GES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

5. Relationship of Reporting Person(s) to Issuer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

1. Name and Address of Reporting Person* FRENCH CHRISTOPHER E				2. Issuer Nam SHENAN	IDOAH	<u>[</u>		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
		TELECO SHEN]	MMUN	<u>IICA</u>	TIONS (Director 10% Owner Officer (give title Other (specify below) below)							
(Last) (First) (Middle) PO BOX 459			3. Date of Ear 05/07/2024	liest Trans	action	(Month/Day/\	President & CEO						
(Street)			4. If Amendme	ent, Date o	f Origir	nal Filed (Mor	Individual or Joint/Group Filing (Check Applicable						
EDINBURG VA 22824							Line) X Form	filed by One Re	porting Perso	on			
(City)	(St					Form filed by More than One Reporting Person							
		Rule 10b	5-1(c)	Trar	nsaction	Indic	cation						
				Check this satisfy the	box to indicaffirmative	ate tha	t a transaction conditions of	was ma Rule 10t	de pursuant to 5-1(c). See Ir	o a contract, instru enstruction 10.	uction or written pla	an that is inter	nded to
		Table	I - Non-Deriva	tive Securit	ies Acq	uired	I, Dispose	ed of,	or Benef	icially Own	ed		
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Dat if any (Month/Day/Ye	Code	action (Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficia	of Indirect Il ip (Instr. 4)
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common	Stock		05/07/2024		P		2,000	A	\$14.4	310,750	D		
Common	Stock		05/07/2024		P		3,000	A	\$14.63	313,750	D		
Common	Stock		05/07/2024		P		1,000	A	\$14.79	314,750	D		
Common	Stock		05/07/2024		P		3,000	A	\$14.8	317,750	D		
Common	Stock		05/07/2024		P		2,000	A	\$14.84	319,750	D		
Common	Stock		05/07/2024		P		1,000	A	\$14.27	65,629	I	By Spo	use
Common	Stock		05/07/2024		P		2,000	A	\$14.54	67,629	I	By Spo	use
Common	Stock		05/07/2024		P		2,000	A	\$14.79	69,629	I	By Spo	use
Common	Stock									37,796	I	By Son	
Common	Stock									167,104	I	TTEE UWBF ft	
Common	Stock									136,928	I	TTEE F Grandel Trust ⁽¹⁾	
Common	Stock									345,000	I	By Son TTEE of French Trust ⁽¹⁾	of
Common Stock										130,754	I	TTEE V Cynthia	WBF fbo
Common Stock										339,966	I	TTEE V Anne ⁽¹⁾	WBF fbo
Common Stock										339,966	I	TTEE V Christo	WBF fbo pher ⁽¹⁾
		Tal	ble II - Derivati (e.g., pu	ve Securitie its, calls, wa							d		
1. Title of Derivative Security (Instr. 3)	2. 3. Transaction 3A. Deemed		3A. Deemed Execution Date, if any	4. Transaction Code (Instr. 8) 5. A. (5. Number of Derivative Securities Acquired A) or Disposed of (D) Instr. 3, 4 and 5)	Expiration Date (Month/Day/Year) S: S: U D S: dd 3			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownershi (Instr. 4)
				,									

		Tal	le II - Derivat (e.g., pເ					ired, Disp options, o					i		
1. Title of	2. Conversion	3. Transaction	3A. Deemed Execution Date.	€.ode Transa	v	-	un(D)	Date Expectis Eleteron Expiration De	Expiration is Datable and		of eSalnælres		9. Number of derivative	10. Ownership	11. Nature
Esecularitatio	noof Exercises	estonth/Day/Year)	if any f certain relatives of N r of such shares.	Code (Instr.	Deriv Secu	vative irities i discla uired		'ear)	Secui	ities rlying	Security (Instr. 5)	Securities Beneficially Cuntary interest	Form: Direct (D) and this fling or Indirect	Beneficial Ownership
admission th	at Mr. French is Security	s the beneficial owne	r of such shares.			(A) of (D	osed		Chr	Secu	ity (Instr. _I er E Frer			(I) (Instr. 4)	(111541. 4)
Reminder: I	Report on a se	parate line for eac	h class of securities	henefi	cially o	(Inst	ŕ. 3, 4 5)	v or indirectly	** Si	nature	of Report	ing Person	(Inplate)		
	l '	l'	ng person, see Inst		•		u 00t.	y 0a00y.							
			facts constitute Fed						ı		78ff(a). Amount				
			which must be mand information conta									plavs a cur	rently valid OM	B Number.	
				Code	v	(A)	(D)	Exercisable	Expiration Date	Title	of Shares	,, . w ou.			