## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
0								
OMB Number:	3235-0287							
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						Journe	in company /	101 01 10	10						
1. Name and Addr FRENCH C	1 0			2. Issuer Name and SHENANDO	<u>AH</u>		• •	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
		TELECOMM	IUNI	CAT	TONS CO	X Officer (gi	ive title	Other (specify							
(Last)	(First)	(Mido	lle)	SHEN ]						A below)		below)			
PO BOX 459			3. Date of Earliest T 02/21/2019	ransact	ion (N	1onth/Day/Yea		President							
(Street)				4. If Amendment, D	ate of C	rigina	l Filed (Month	n/Day/Ye	ar)	6. Individual or Joi	nt/Group Filing (	Check Applicable			
EDINBURG	VA	2282	24							Line) X Form filed by One Reporting Person					
(City)	(State)	(Zip)								Form filed by More than One Reporting Person					
		Table I	- Non-Derivat	tive Securities	Acqu	ired,	Disposed	d of, o	r Benefi	cially Owned					
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)	action Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock			02/21/2019		A		10,222	A	\$ <mark>0</mark>	216,544	D				
Common Stock			02/21/2019		F		3,500	D	\$50.79	213,044	D				
Common Stock										64,296	I	By Spouse			
Common Stock										13,668	I	By Son			
Common Stock										137,984	I	TTEE French Grandchildren Trust <sup>(1)</sup>			
Common Stock										316,484	I	TTEE U/A WBF fbo Grandchildren <sup>(1)</sup>			
Common Stock										345,000	Ι	By Son as TTEE of French Family Trust <sup>(1)</sup>			
Common Stock										339,966	I	TTEE WBF fbo Anne <sup>(1)</sup>			
Common Stock										146,249	I	TTEE WBF fbo Cynthia <sup>(1)</sup>			
												TTEE WBF fbo			

C C 1
Common Stock

Common Stock

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

339,966

6,480

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Christopher<sup>(1)</sup> TTEE Gladys H

Teale Trust<sup>(1)</sup>

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Secu Acq (A) c Disp of (D	oosed D) tr. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		te Amount of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	(2)	02/21/2019		м			2,710	(3)	02/21/2019	Common Stock	2,710	\$0	22,731	D	
Restricted Stock Unit	(2)	02/21/2019		м			2,474	(3)	02/20/2020	Common Stock	2,474	\$0	20,257	D	
Restricted Stock Unit	(2)	02/21/2019		м			2,371	(3)	02/18/2021	Common Stock	2,371	\$0	17,886	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Sec Acq (A) ( Disp of (I	oosed D) tr. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		Expiration Date Amount of (Month/Day/Year) Securities Underlying		Amount of Securities Underlying Derivative Security		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Restricted Stock Unit	(2)	02/21/2019		М			2,667	(3)	02/17/2022	Common Stock	2,667	\$0	15,219	D			

## Explanation of Responses:

1. These shares are held in trust for the benefit of certain relatives of Mr. French. Mr. French disclaims beneficial ownership of the shares as to which he has no pecuniary interest and this filing is not an admission that Mr. French is the beneficial owner of such shares.

2. Each restricted stock unit represents a contingent right to receive one share of common stock.

3. The option vests one-fourth on each the first, second, third and fourth anniversary. The options (and shares issuable upon exercise of the option) are subject to cancellation and forfeiture in accordance with the Company's executive compensation recovery policy.

<u>Chirstopher E French</u>	<u>02/25/2019</u>
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.