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	FORM	4 U	JNITED) STA	TES	S SE					ЕХСНА	NGE	С	OMM	ISSION					
							V	Vashi	ngton, D.(C. 20	549						ОМВ	APPRO	VAL	
Section obligat	this box if no k 16. Form 4 or ions may conti tion 1(b).		STAT		ed purs	suant	to Sectio	n 16(a) of the S	Secur	NEFICI ities Exchar ompany Act	nge Act o	of 19		SHIP	Estim		er: : verage burder sponse:	3235-0287 1 0.5	
1. Name ar John W		Reporting Person*			SI	IEN	IAND	OA			I Symbol NS CO/	<u>VA/</u> [(Ch	Relationship heck all appli X Directo	cable) or	ng Per	10% Ov	vner	
(Last) PO BOX	,	irst)	(Middle)		3. [IEN Date c /18/2	f Earlies	t Trar	nsaction (N	Montl	n/Day/Year)			-	Officer below)	give title		Other (s below)	specity	
(Street) EDINBU	JRG V.	A	22824		4. 1	f Ame	endment,	Date	of Origina	al File	ed (Month/D	ay/Year])	Lin	X Form	filed by On	e Rep	orting Perso	n	
(City)	(S	tate)	(Zip)												Form Perso		re tha	n One Repo	rting	
		Tab	le I - Nor	n-Deriv	vative	e Se	curitie	s Ac	cquired	, Di	sposed o	of, or I	Ben	eficial	ly Owned	k				
1. Title of S	Security (Ins	tr. 3)		2. Trans Date (Month)		ar) i	2A. Deem Executior if any (Month/Da	Date	Code						Benefic Owned	es ally Following	Form (D) o	r Indirect str. 4)	Direct of Indirect Indirect Beneficial tr. 4) Ownership	
									Code	v	Amount	(A (C	() or ()	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
		Г									posed of converti				v Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (8)	action (Instr.	5. Num of Deriva Securi Acquin (A) or Dispos of (D) (Instr. and 5)	tive ties red sed 3, 4	6. Date E Expiratio (Month/D	n Da		7. Title Amour Securi Underl Deriva (Instr. 3	nt of ties ying tive S	ecurity 4)	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Ily I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Natur of Indirec Beneficia Ownersh (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title		Amount or Number of Shares						

Explanation of Responses:

(1)

1. Each restricted stock unit represents a contingent right to receive one share of common stock.

02/18/2013

2. The restricted stock unit vest 1/3 on each the first, second and third anniversary subject to the continuous service on the Board of Directors of the Company or one of its affiliates until the date of vesting. Vested shares will be delivered to the reporting person on the vesting date.

(2)

1,445

Remarks:

Restricted

Stock Units

T 1	3 4 7	171
Jonn	w	Flora

Common

Stock

02/18/2016

02/19/2013

Date

4,300

D

11. Nature of Indirect Beneficial Ownership (Instr. 4)

** Signature of Reporting Person

1,445

\$<mark>0</mark>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.