FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	STATEMENT OF C
Section 16. Form 4 or Form 5 obligations may continue. See	
Instruction 1(b).	Filed pursuant to

CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

5. Relationship of Reporting Person(s) to Issuer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name **and** Ticker or Trading Symbol

1. Name and Address of Reporting Person* FRENCH CHRISTOPHER E	<u>S</u>	HEN	<u>ANDO</u>	<u>AH</u>		ng Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
			COMM	UNIC	<u>CATI</u>	ONS CO		X Director 10% Own X Officer (give title Other (spe			·	
(Last) (First) (Middle) PO BOX 459	3.	HEN] Date of 2/20/20		ransactio	on (Mo	nth/Day/Year)		helow)	Presiden	below)		
(Street) EDINBURG VA 22824	4.	If Amer	ndment, Da	ate of Or	iginal F	Filed (Month/D		Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
(City) (State) (Zip)								Form filed by More than One Reporting Person				
Table I - Non-	Derivativ	/e Sec	urities	Acqui	red, I	Disposed (of, or E	3enefici	ally Owned	l		
Date	nsaction n/Day/Year)	if any	eemed Ition Date, h/Day/Year)	3. Transa Code 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Follow Reported	6. Ownersh Form: Dire (D) or Indir (I) (Instr. 4)	ct Indirect ect Benefic	t
				Code	v	Amount	(A) or (D)	Price	Transaction(s (Instr. 3 and 4			
Common Stock 02/2	20/2015			A		1,518	Α	\$29.62	165,466	D		
Common Stock 02/2	20/2015			F		502	D	\$29.62	164,964	D		
Common Stock 02/2	21/2015			A		1,429	A	\$29.71	166,393	D		
Common Stock 02/2	21/2015			F		472	D	\$29.71	165,921	D		
Common Stock									55,230	I	By Sp	ouse
Common Stock									6,834	I	By Da	nughter
Common Stock									6,834	I	By So	n
Common Stock									6,834	I	By So	n
Common Stock									81,910(1)	ı		French Ichildren
Common Stock									198,906 ⁽⁾	I I	TTEE WBF Grand	
Common Stock									169,983 ⁽⁾	I I	TTEE fbo A	
Common Stock									169,983	I	TTEE fbo Christ	
Common Stock									75,432 ⁽¹⁾	I	TTEE fbo Cy	
Common Stock									3,240(1)	I	TTEE Gladys H Teale Trust	
Table II - D (e						sposed of						
Title of 2. 3. Transaction 3A. Deemed 4 Execution Date 1. Execution Date 2.		saction e (Instr.	5. Number of Derivativ Securitie Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Number rivative curities quired lor sposed (D) str. 3, 4		6. Date Exercisable and Expiration Date (Month/Day/Year)		and it of ties ying tive Securit 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Code	e V	(A) (D)	Date Exer	cisable	Expiration Date	Title	Amour or Number of Shares	er			
Restricted Stock (2) 02/20/2015 Units	М		1,51	18	(3)	02/20/2016	Commo		8 \$0	145,182	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) o Disp of (I	osed D) tr. 3, 4	6. Date Exerc Expiration Da (Month/Day/\)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(2)	02/21/2015		M			1,429	(3)	02/21/2015	Common Stock	1,429	\$0	143,753	D	

Explanation of Responses:

- 1. These shares are held in trust for the benefit of certain relatives of Mr. French. Mr. French disclaims beneficial ownership of the shares as to which he has no pecuniary interest and this filing is not an admission that Mr. French is the beneficial owner of such shares.
- 2. Each restricted stock unit represents a contingent right to receive one share of common stock.
- 3. The restricted stock units vest 1/4 on each the first, second, third and fourth anniversary subject to the continuous employment by the Company or one of its affiliates until the date of vesting. Vested shares will be delivered to the reporting person on the vesting date. The restricted stock units are subject to forfeiture in accordance with the Company's executive compensation recovery policy.

Remarks:

Christopher E French 02/24/2015

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.