FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*													5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
FRENCH CHRISTOPHER E						TELECOMMUNICATIONS CO/VA/ [X Director			10% Owner		
(Last)	(Fir	rst) (Middle)		SH	SHEN]									X Officer (give title below)			Other (specify below)		
PO BOX	BOX 459					3. Date of Earliest Transaction (Month/Day/Year) 01/11/2011 President														
(Street)					4. If	Amen	dment,	Date	of Orig	jinal Fi	led (Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line)							
EDINBU	RG VA		2824												X Form filed by One Reporting Person					
(City)	(St	ate) (Zip)												Form filed by More than One Reporting Person					
		Tabl	e I - 1	lon-Deriv	/ative	Seci	uritie	s Ac	quire	ed, D	isposed c	of, or E	Benefic	ially Own	ed					
Da		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		e, '	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		Indirect Beneficial Ownership (Instr.				
							-	Code	v	Amount (A) or (D) Price Reported Transaction(s) (Instr. 3 and 4)					4)					
Common				01/11/20)11				J ⁽¹⁾		497	D	(1)	92,387	7(2)	I			E French dchildren	
Common														148,58	39	D				
Common													55,230		I		Spouse			
Common												6,834		I]	By Daughter				
Common	ommon												6,834		I]	By Son			
Common	ommon												6,834		I	By So		on		
Common												223,776 ⁽²⁾		I WB		NBF	E U/A fbo dchildren			
Common														169,983 ⁽²⁾		I		TTEE WBF fbo Anne		
Common														169,983		I	TTEE W fbo Christop			
Common														75,432 ⁽²⁾		I		TTEE WBF fbo Cynthia		
Common														3,240(2)					E Gladys ale Trust	
		Та	ble II								posed of, convertib			lly Owned)						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any		4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiration (Month/Day			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			deriva Securi Benefi Owned Follow Repor Transa	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		hip D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amount or Number of Shares									

Explanation of Responses:

- 1. Distribution from trust to beneficiary.
- 2. These shares are held in trust for the benefit of certain relatives of Mr. French. Mr. French disclaims beneficial ownership of the shares as to which he has no pecuniary interest and this filing is not an admission that Mr. French is the beneficial owner of such shares for purposes of Section 16 or any other purpose.

Remarks:

Christopher E French

01/12/2011

** Signature of Reporting Person

Date

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.