## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average	hurdon							

Section	this box if no lo 16. Form 4 or ons may contin ion 1(b).	MENT OF CHANGES IN BENEFICIAL OWNERSHIP  Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940  OMB Number: 3235-0287 Estimated average burden hours per response: 0.5																
1. Name and Address of Reporting Person* FRENCH CHRISTOPHER E					2	2. Issuer N SHENA TELEC		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner										
(1				- 1	TELEC SHEN]		X Officer (give title Other (specify below)											
(Last) PO BOX	(First) (Middle)					3. Date of I		belov	• )	Preside		sciowy						
(Street)	RG VA	Δ 2	22824			4. If Amend		6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting										
(City)	(St	ate) (	Zip)										Pers					
			le I -	1		_			ed, I	Disposed o								
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Yea		r) if any	ution Date,	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr.			
								Code	v	Amount	(A) or (D)	Price	Transaction (Instr. 3 and				4)	
Common				08/17/20	005			J <sup>(1)</sup>		186,000	D	(1)	0		I		Direct Frence Fami	ch ily stments
Common				08/17/20	005			J <sup>(2)</sup>		11,731	A	(2)	54,67	4	I			WBF Anne
Common				08/17/20	005			J <sup>(2)</sup>		11,730	A	(2)	28,11	8	I			E WBF Cynthia
Common				08/17/20	005			<b>J</b> <sup>(2)</sup>		11,731	A	(2)	54,67	4	I		FBO	E WBF
Common		08/17/2005				J <sup>(2)</sup>		4,743	A	(2)	27,268		I		TTEE French Grandchildren Trust			
Common													9,746	5	I		Spou	ise
Common													2,278	3	I		ВуГ	aughter
Common													2,278	3	I		By S	on
Common													2,278	3	I		By S	on
Common													74,59	2	I		WBI	E U/A F FBO dchildren
Common													860		I			E U/A ys Teal
Common													44,65	4	D			
		Та	able I							sposed of,								
Title of 2. Security Conversion Date Conversion Security or Exercise (Month/Day/Year) if any		eemed ution Date,	4. Tra	nsaction de (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exe Expiration (Month/Day				and nt of ties lying tive ty (Instr. 3	8. Price of Derivative Security (Instr. 5)	deriva Secur Benef Owner Follov Repor	ities icially d ving ted action(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Date Exercisable

Code

(A) (D) Expiration Date

Title

Amount or Number of Shares

## **Explanation of Responses:**

2. Shares acquired pursuant to distribution of shares from LLC.

/s/ Christopher E. French

08/17/2005 Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.