FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL

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			01 500		vesiment Con	Ipany Act of 1940						
				er Name and Ticke NANDOAH ECOMMUN N]	0		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below)					
PO BOX			e of Earliest Transa /2018	ction (Month/I	Day/Year)	SR VP- Cable						
(Street) EDINBURG	VA	22824	4. If Ar	4. If Amendment, Date of Original Filed (Month/Day/Year)				6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)	- Devilenting 0				<u> </u>	Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3) 2. Transa			2. Transaction	2A. Deemed	3.	4. Securities Acquired (A)) or	5. Amount of	6. Ownership	7. Nature		

1. The of Security (insu: 5)	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)		ansaction Disposed Of (D) (Instr. 3, 4 and ode (Instr. 5)		Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150. 4)
Common Stock	11/19/2018		S		3,000	D	\$47.95	23,810	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security (Instr. 3) 6. Date Exercisable and Expiration Date (Month/Day/Year) 8. Price of Derivative 3. Transaction 3A. Deemed 7. Title and 9. Number of 11. Nature 5. Number 10. Transaction Code (Instr. 8) Amount of Securities Conversion Execution Date derivative Ownership of Indirect Date (Month/Day/Year) of Derivative or Exercise Price of Derivative Security (Instr. 5) if any Securities Form: Beneficial Beneficially Owned Direct (D) or Indirect (I) (Instr. 4) (Month/Day/Year) Securities Underlying Ownership (Instr. 4) Acquired (A) or Disposed Derivative Following Reported Security Security (Instr. 3 and 4) of (D) (Instr. 3, 4 and 5) Transaction(s) (Instr. 4) Amount or Number Expiration Date of ν Shares Code (A) (D) Exercisable Date Title

Explanation of Responses:

Thomas A Whitaker

11/19/2018

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.