FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL								
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l	hours per response:	0.5							

## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  OSTROSKI RAYMOND B						2. Issuer Name and Ticker or Trading Symbol SHENANDOAH TELECOMMUNICATIONS CO/VA/									l applic Directo	cable) or	10% Owner		ner		
(Last) (First) (Middle)							]							Officer (give title below)			below)				
PO BOX 459						Date o		iest Tran:	saction (N	1onth/	Day/Year)			VP Legal & G			al Counsel				
(Street) EDINBURG VA 22824  (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	le I - No	n-Deri	vativ	e Se	curit	ies Ac	quired	, Dis	posed o	of, or Be	neficia	lly O	vned						
Date					Date Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Securitie Benefici Owned F		Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Tr	eportec ansact istr. 3 a	ion(s)			Instr. 4)		
Common Stock 02/19/						2019		A		15,00	0 A	A \$6.92		28,771.3205			D				
Common Stock 02/19/						2019		F		2,176	6 A	\$50.	\$50.04 2		26,595.3205		D				
		-	Гable II -									or Bend ble secu		y Ow	ned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,		ransaction code (Instr.		of		xercis on Date Day/Ye			ies g Security	Deri Secu		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Silly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amoun or Number of Shares								
Incentive Stock	\$6.92 <sup>(1)</sup>	02/19/2019			X			15,000	(1)		02/17/2020	Common Stock	15,000	\$6	.92	6,769		D			

## **Explanation of Responses:**

1. The option vests one-fourth on each the third, fourth, fifth and sixth anniversary. The option (and shares issuable upon exercise of the option) are subject to cancellation and forfeiture in accordance with the Company's executive compensation policy.

Raymond B Ostroski 02/19/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.