SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See nstruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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			T lieu p	or Section 30(h) of							<u>. </u>			
1. Name and Address of Reporting Person* FRENCH CHRISTOPHER E				2. Issuer Name and SHENANDO		or Tra	iding Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
FRENCH	<u>IIKISIOPI</u>	IEK E	TELECOMM	IUNI	CAT	TIONS CO	X Director		10% Owner					
(Last)	(First)	(Mido	dle)	SHEN]				X Officer (gi below)	ive title	Other (specify below)				
PO BOX 459				3. Date of Earliest T 10/23/2018	ransact	tion (N	1onth/Day/Yea	President						
(Street)				4. If Amendment, D	ate of C	rigina	l Filed (Month	6. Individual or Joint/Group Filing (Check Applicable Line)						
EDINBURG	VA	2282	24							X Form filed by One Reporting Person				
(City)	(State)	(Zip)								Form filed by More than One Reporting Person				
		Table I	- Non-Derivat	ive Securities	Acqu	ired,	, Disposed	l of, o	r Benefi	cially Owned				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	Amount	(A) or (D) Price		Reported Transaction(s) (Instr. 3 and 4)				
Common Stock	:		10/23/2018		F		250	D	\$38.43	166,804	D			
Common Stock										64,296	I	By Spouse		
Common Stock	:									13,668	I	By Son		
Common Stock										137,984	I	TTEE French Grandchildren Trust ⁽¹⁾		
Common Stock										316,484	I	TTEE U/A WBF fbo Grandchildren ⁽¹⁾		
Common Stock	:									345,000	I	By Son as TTEE of French Family Trust ⁽¹⁾		
Common Stock										339,966	I	TTEE WBF fbo Anne ⁽¹⁾		
Common Stock										146,249	I	TTEE WBF fbo Cynthia ⁽¹⁾		
Common Stock										339,966	I	TTEE WBF fbo Chirstopher ⁽¹⁾		
Common Stock										6,480	I	TTEE Gladys H		

Common Stock

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	7. Title Amour Securi Underl Deriva Securi and 4)	nt of ties ying tive ty (Instr. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(S) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. These shares are held in trust for the benefit of certain relatives of Mr. French. Mr. French disclaims beneficial ownership of the shares as to which he has no pecuniary interest and this filing is not an admission that Mr. French is the beneficial owner of such shares.

Chirstopher E French ** Signature of Reporting Person

10/25/2018 Date

Teale Trust⁽¹⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.